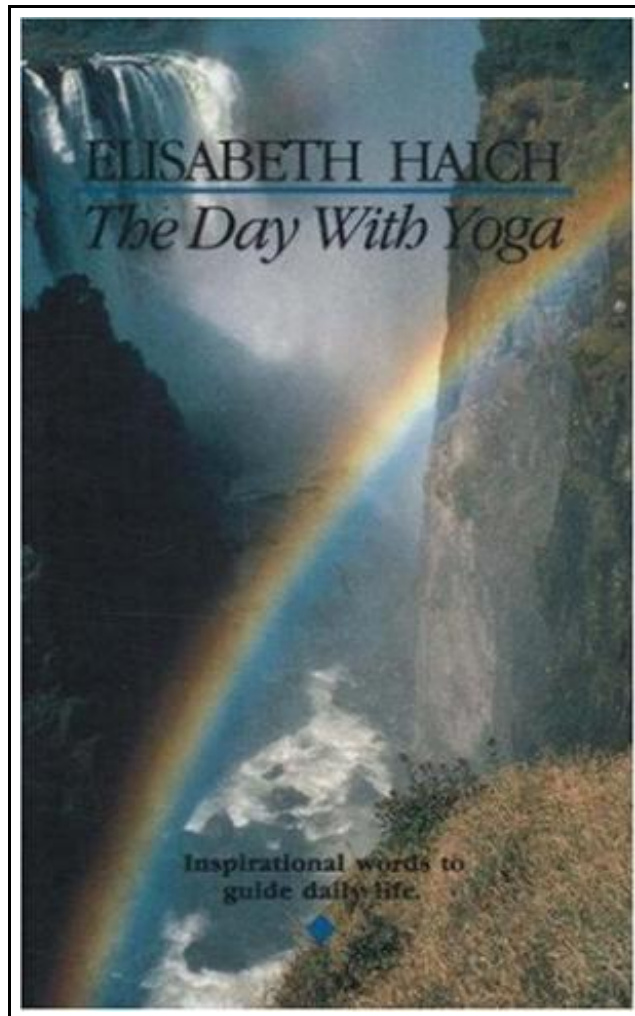


## The Day with Yoga: Inspirational Words to Guide Daily Life



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Aurora Press. Paperback. Book Condition: new. BRAND NEW, The Day with Yoga: Inspirational Words to Guide Daily Life, Elisabeth Haich, Through her best selling books Elisabeth Haich is internationally famous for her ability to assist others on their paths of spiritual unfoldment: A unique creative energy is available each day of the week. Nature, all living creatures, plants, and human beings are deeply influenced by these subtle variations. We all bathe, float and are affected by the power operating that day. Each Day is related to a specific planetary energy: Sunday -- The Sun; Monday -- The Moon; Tuesday -- Mars; Wednesday -- Mercury; Thursday -- Jupiter; Friday -- Venus; Saturday -- Saturn. "The Day with Yoga" is Elisabeth Haich's personal collection of meditation quotes. Each has been carefully selected to inspire and attune us to the vibration of the day, and to release a deeper level of harmony and inner peace into our lives.



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