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HOW TO BE SCHOOLGIRL SKINNY: EAT YOUR CAKE AND HAVE YOUR FIGURE TOO!: 5 WEEK CHALLENGE WORKBOOK (PAPERBACK)



Dream Life Foundation, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Structured on a five week schedule to jumpstart your weight lose and health management success, How to Be Schoolgirl Skinny Eat Your Cake and Have Your Figure Too! 5 Week Challenge Workbook; applies chapters taken from the How to Be Schoolgirl Skinny Book in practical, easy step-by-step methods that will help you master and successfully achieve...

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- Authored by Crystal Green, Dr Crystal Green
- Released at 2013



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Reviews

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