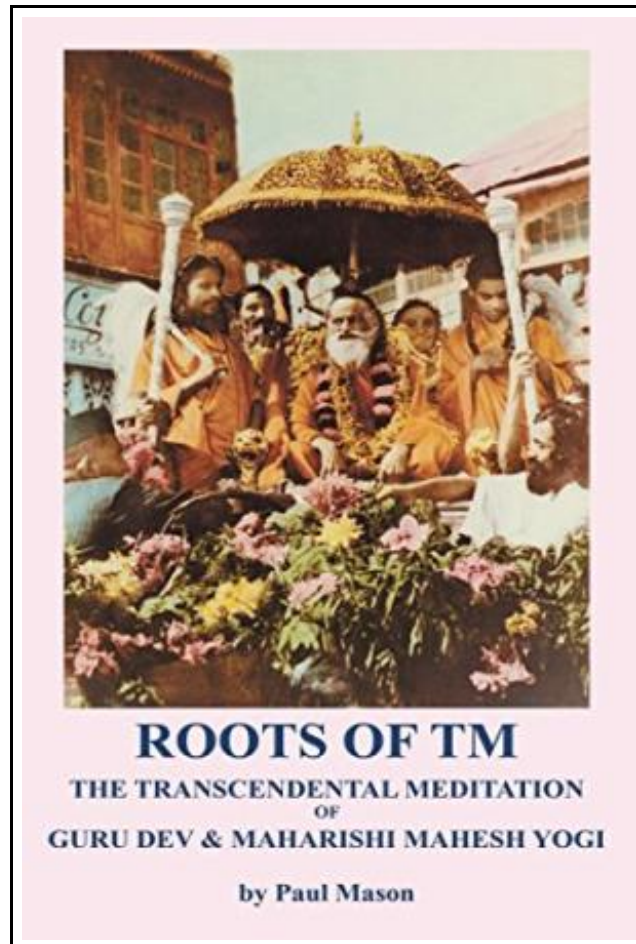


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Premanand, United Kingdom, 2015. Paperback. Book Condition: New. 231 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****. Roots of TM is intended to enable readers to better understand how and why Maharishi Mahesh Yogi spread the teaching of Transcendental Meditation around the world. Roots of TM provides background information on Maharishi Mahesh Yogi and his master, Guru Dev, Swami Brahmanand Saraswati, and provides a source book of information about their teachings and techniques. Roots of TM is not intended as a general guide to Indian philosophy, or as a study of the many ancient spiritual practices of India, nor as a mantra handbook. Roots of TM offers information about Maharishi s missing years , from the time when his master passed away through to the gradual build up of his stated mission to spiritually regenerate the world; Why can t we spiritually regenerate the world through this technique? he asked. Roots of TM contains numerous quotations and rare transcripts of lectures by Guru Dev and by Maharishi. Furthermore, it details the course of events that would eventually find Maharishi lecturing at the Masquers Club, an actor s social club in Hollywood. It also tells how Maharishi came to adopt quite a businesslike attitude to money matters, and how he planned to create a headquarters high in the Himalayas where he intended to train others to teach transcendental meditation. Roots of TM digs deeply into rare materials in order to give detailed profiles of the teachings of both master and disciple, thus affording readers an opportunity to make informed comparisons of both these teachers methods and their objectives. Author Paul Mason explains: - By the mid-1960 s the term Transcendental Meditation became fixed after Maharishi Mahesh Yogi spread the message of meditation far and wide...



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