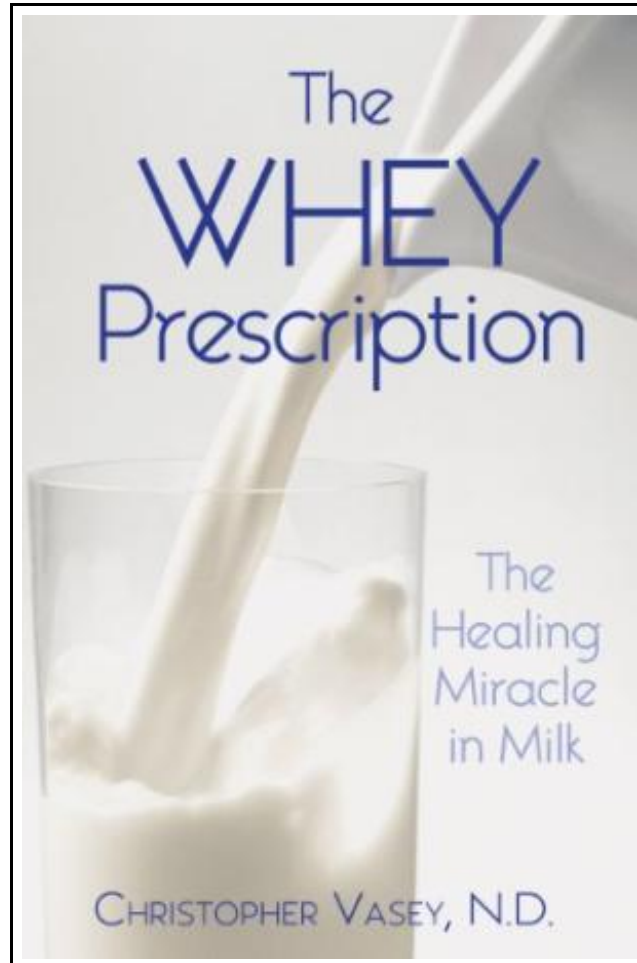


Whey Prescription: The Healing Miracle in Milk



Filesize: 1.18 MB

Reviews

*It is an remarkable ebook which i have possibly read. It really is packed with wisdom and knowledge
Its been printed in an extremely easy way which is only after i finished reading through this pdf by
which really altered me, alter the way i believe.*

(Dr. Nikolas Mayer)

WHEY PRESCRIPTION: THE HEALING MIRACLE IN MILK



To save **Whey Prescription: The Healing Miracle in Milk** PDF, make sure you refer to the link under and save the document or have access to other information which might be highly relevant to WHEY PRESCRIPTION: THE HEALING MIRACLE IN MILK book.

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Whey Prescription: The Healing Miracle in Milk, Christopher Vasey, Since antiquity, whey has been known as "healing water" by Greek physicians. Hippocrates and Galen both recommended whey to their patients. In the eighteenth and nineteenth centuries, spas across Europe offered the whey cure to aristocrats and commoners alike. Modern scientific research has confirmed the curative capabilities attributed by our ancestors to this dairy product, but because it is highly perishable and must be consumed while very fresh, this cure fell out of favour in our modern urban age. Now, thanks to the availability of whey powder and granules, this highly nutritious and effective healing agent is once more within the reach of everyone. This book reveals the effectiveness of whey against diseases affecting the heart, liver, kidneys and intestines and in controlling obesity, high cholesterol and high blood pressure and shows how this healing agent is now easily and readily available. Whey is the watery part of milk that is separated from the curd in the process of making cheese. It is rich in lactose, minerals and vitamins. Beyond its nutritional value, whey has powerful detoxification properties and its therapeutic action is beneficial for all the major organ centres of the body: heart, liver, kidneys, and intestines. It is especially effective in the treatment of liver ailments such as hepatitis as well as the treatment of skin problems, infections, oedema, digestive disorders and gallstones and the painful joint diseases of arthritis and rheumatism. Whey, also, has been shown to be a powerful treatment against obesity, high cholesterol and high blood pressure. In addition to its ability to treat these specific illnesses, whey is a proven invigorating supplement that promotes overall good health and vitality.



[Read Whey Prescription: The Healing Miracle in Milk Online](#)



[Download PDF Whey Prescription: The Healing Miracle in Milk](#)



[Download ePub Whey Prescription: The Healing Miracle in Milk](#)

You May Also Like



[PDF] Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)

Access the link listed below to download "Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)" PDF file.

[Read Book »](#)



[PDF] The TW treatment of hepatitis B road of hope(Chinese Edition)

Access the link listed below to download "The TW treatment of hepatitis B road of hope(Chinese Edition)" PDF file.

[Read Book »](#)



[PDF] Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English] (Paperback)

Access the link listed below to download "Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English] (Paperback)" PDF file.

[Read Book »](#)



[PDF] Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English] (Paperback)

Access the link listed below to download "Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English] (Paperback)" PDF file.

[Read Book »](#)



[PDF] Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1624-1625) (Paperback)

Access the link listed below to download "Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1624-1625) (Paperback)" PDF file.

[Read Book »](#)



[PDF] Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625) (Paperback)

Access the link listed below to download "Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625) (Paperback)" PDF file.

[Read Book »](#)



[PDF] Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners

Follow the hyperlink below to download and read "Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners" file.

[Save eBook »](#)



[PDF] Words and Rhymes for Kids: A Fun Teaching Tool for High Frequency Words and Word Families (Paperback)

Follow the hyperlink below to download and read "Words and Rhymes for Kids: A Fun Teaching Tool for High Frequency Words and Word Families (Paperback)" file.

[Save eBook »](#)



[PDF] World famous love of education(Chinese Edition)

Follow the hyperlink below to download and read "World famous love of education(Chinese Edition)" file.

[Save eBook »](#)



[PDF] Total Healing

Follow the hyperlink below to download and read "Total Healing" file.

[Save eBook »](#)



[PDF] Ask Dr K Fisher About Dinosaurs

Follow the hyperlink below to download and read "Ask Dr K Fisher About Dinosaurs" file.

[Save eBook »](#)



[PDF] Star Flights Bedtime Spaceship: Journey Through Space While Drifting Off to Sleep

Follow the hyperlink below to download and read "Star Flights Bedtime Spaceship: Journey Through Space While Drifting Off to Sleep" file.

[Save eBook »](#)